

bell tower
drop in



The Queen's Award
for Voluntary Service

The MBE for volunteer groups



Supporting young people in the Chichester area

Bell Tower Youth Drop-in

2019-2022 Strategic Plan

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Help us support young people in the Chichester area

West Street, Chichester, PO19 1RP www.belltowerchi.uk 07553 385 769 Charity registration number 1154818



1. Executive Summary

Over the past five years the Bell Tower Youth Drop-in has provided a safe and positive environment for hundreds of young people. Many of them have found a home away from home and built relationships with their peers and youth workers that has helped them with their confidence, identity, and aspirations for the future. Although great progress has been made through the Bell Tower Youth Drop-in, we recognise that to fulfil our vision for young people in the Chichester area, now is the time to set a new vision and strategy for the years ahead. Our rationale for this decision is detailed below:

We have taken the Bell Tower Youth Drop-in as far as we can with limited resources, our current infrastructure of our organisation and capacity of our board.

We recognise that the positive impact we have made as a small charity over the past five years in the lives of local young people is due to our relational approach of providing a home away from home, five afternoons a week after school. However it is also due to our Project Coordinator, Sam Harding, going above and beyond his part-time paid role. This has left us with a limited capability to take the charity forward in the way we would like to, in line with the vision articulated in this plan. Should Sam choose to leave, it would be very difficult to replace him with someone with the expertise and experience needed for the role on three days a week.

The support we are being offered through a partnership with Relational Hub

Relational Hub is a new national charity that partners with churches and youth work organisations to create a home away from home for the young people who need one most. They offer ongoing support to partners who share their Key Principles of Radical Hospitality, Everyday Relationship, Support and Opportunities and a Sustainable Approach. Sam Harding worked alongside Andy Gill (who leads Relational Hub) at Leatherhead Youth Project from 2012-2014. This partnership between Relational Hub and Bell Tower Youth-Drop-in will see the Bell Tower receiving expertise from the Relational Hub team in the following areas; leadership mentoring, strategy, fundraising, outcomes measurement, professional development, marketing and training.

Receiving the Queen's Award for Voluntary Service

It was announced on June 22nd 2019 by Buckingham Palace that The Chichester Bell Tower Youth Drop-In is to receive The Queen's Award for Voluntary Service (the MBE for volunteer groups). This prestigious award recognises excellence of voluntary



activities and services carried out by groups in the community. We recognise this is a unique opportunity to both increase local awareness of our work, alongside increasing our likeliness of receiving further grant and trust funding.

We recognise the limitations of our physical space and how this will affect our future

Bell Tower Youth Drop-in in the grounds of Chichester Cathedral has been the home to our project for the past five years. The space itself, whilst providing a homely atmosphere, lacks the accessibility, facilities and square meter space for us to outwork our vision for local young people in the long term.

2. History

Before the Bell Tower Youth Drop-in was initiated, there were a number of government funded youth centres in the city, which were forced to close due to the cutbacks to the statutory youth services. This left a huge gap in generic after school youth provision in Chichester. After extensive research carried out in local schools during 2013, the Bell Tower was launched in order to meet this need. To understand the wider picture for young people, we then carried out an extensive survey in three local secondary schools in 2013, which revealed the following results:

- 1. 800+ students were spending time in Chichester city centre after school (¾ of this group were spending two or more hours here)*
- 2. 360 students stated there was no parent at home after school*
- 3. The survey also conveyed a lack of options for young people, especially for those who had no parental supervision at home.*

The Bell Tower Youth Drop-In Centre opened in late 2014 and continues to succeed in achieving the original purpose of providing a safe place in the city for local young people, while continuing to grow and develop in a number of new areas. One of the main objectives of the first two years of operation has been to make the project sustainable for the years to come. We have now achieved this greater stability through successful fundraising, community support and new partnerships and look to extend the impact and accessibility of the service we provide.



Each young person we encounter has their own specific needs and challenges. Our commitment is to recognise each individual, make a connection with them and be there to support them, be it through long term relationship building and encouragement, or working to directly shape them through engagement in our more focused initiatives.

3. Vision Statement

The primary vision of Bell Tower Youth Drop-in is to create a safe, welcoming and relaxed space in the heart of the city through the ongoing development of the drop-in centre service, currently located in the basement of the Chichester Cathedral Bell Tower.

4. Main Priorities

We have two main priorities within our work:

- (1) Our primary aim is to “**Be There**” by providing a safe, warm and consistent space in the centre of the city that young people can rely on, giving an alternative to roaming the streets. This is delivered through our Drop-in Centre. We measure the success of this aim by recording and monitoring attendance statistics and the positive journey of each individual young person.
- (2) We then commit to “**Make a Difference**” by recognising each young person as an individual, making relational connections with them and offering our support with the intention of creating lasting positive change in their lives through long term relationships built on trust. One way we measure the success of this aim, is through the scoring system within the mentoring initiatives and reports from teachers in schools. As well as noticing significant change within individuals over time. Examples of changed lives and attitudes is also evident in young people returning to volunteer after finishing school, like the four year 11 graduates last year, who now return to the Bell Tower on a weekly basis as volunteers, desiring to give back to their community.

5. Project Background



Location

The Bell Tower, West Street, Chichester, PO19 1RP.

We are located next to the Cathedral in a central area, west of the Chichester Cross. This location is a central access point and a hive of activity for hundreds of local young people congregating in town after school every day and in the evenings.

Although Chichester is mostly an affluent area there are pockets of need around the City. It can be hard to believe that poverty exists in West Sussex. Research shows that there are many pockets of high need communities experiencing poverty, often adjacent to areas of high prosperity. In five local Chichester neighbourhoods (LSOA: 008A, 008E, 010A, 012B, 012F), income deprivation affecting children is within the highest 25% in England, with one area (008A) in the highest 10%.

Facilities

Bell Tower Youth Drop-in facilities include computers, gaming stations, group activities, homework assistance, socialising areas and refreshments. We also run a young leadership scheme called the 'Young Leaders Programme', giving those who regularly attend the centre an opportunity to apply to join the volunteer team in a deputy role, to develop in leadership and social and emotional skills, essential for the adult working environment. This is a specific scheme with an award earned at the end of each term for those who fulfil their responsibilities.

It has been our privilege to be able to offer free of charge usage of our unique facilities available in the drop-in centre outside the normal hours of operation. This has included weekly evening use by another local charity supporting young people carrying the burden of caring for disabled members of their family as well as occupation throughout the summer months by young people of the National Citizenship Award. We are greatly encouraged by new friendships and partnerships across the community and delighted to be of further service to young people in need.

Inside The Bell Tower





Daily Drop-in

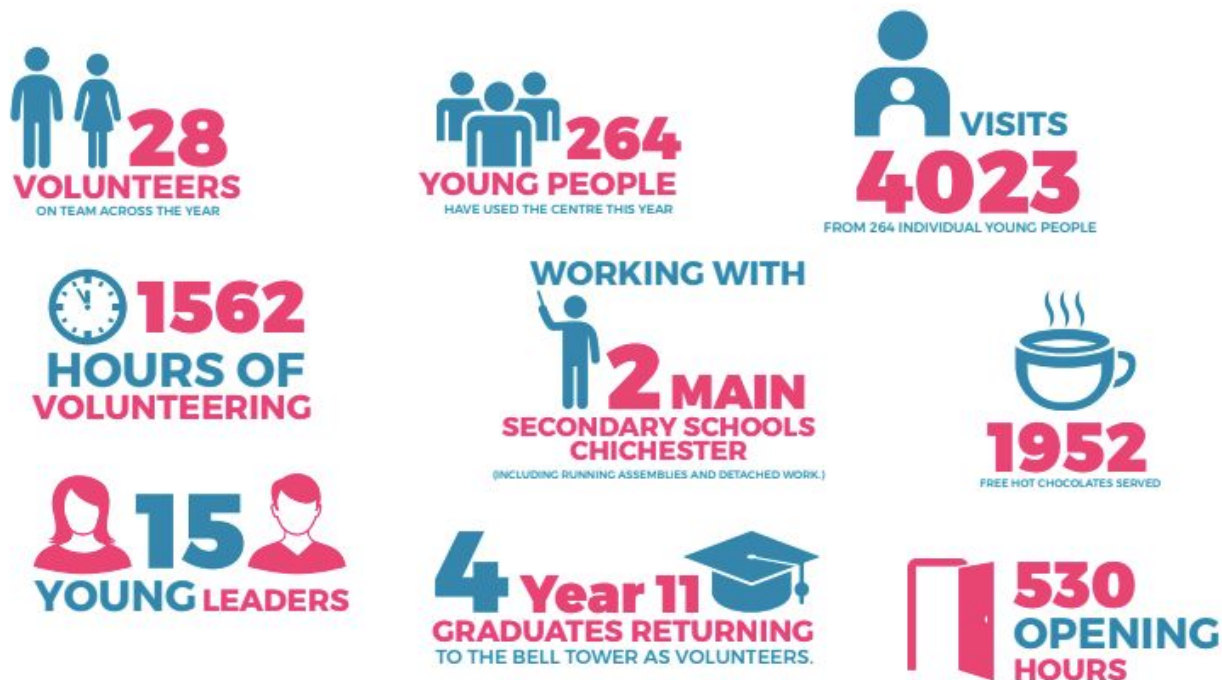
The Bell Tower Youth Drop-in is open after school based in the heart of Chichester cathedral. We operate after school, five afternoons a week (3pm - 5:30pm), providing a safe space for young people to meet regularly with positive role models and access new opportunities. Although the Bell Tower Drop-in has the latest consoles, pool table, table tennis, drinks, and snacks, the real significance of this project comes from our dedicated team of youth workers and volunteers, who create a home-from-home and safe space for young people aged 11-18.

The impact of our work is conveyed through the number of young people we have had through our doors. **In 2018, we had 4,023 visits from 264 local secondary school children.** Without our centre, many of these young people would have no alternative but to roam the streets of Chichester. We are the only daily, after school drop-in centre of this kind in Chichester. Many of the young people who attend come from disadvantaged family backgrounds, some with behavioural, social or learning difficulties. This can cause them to struggle to engage with in-school and other after school initiatives.

Due to its relaxed atmosphere, the Bell Tower is a place they find acceptance in an understanding environment while being given opportunities to develop skills and receive support in a number of our initiatives. We are in regular contact with teachers and social



services relating to the well-being of those who use our centre. Our beneficiaries are not only the young people from less fortunate and single parent backgrounds who attend, but also their parents or carers. Having their child attend the drop-in free of charge rather than roaming the city centre gives them peace of mind until they finish work. Due to our strong relationship with local schools, we have been able to support teachers on issues of bullying, self-esteem and safeguarding relating to their pupils who attend the drop-in.



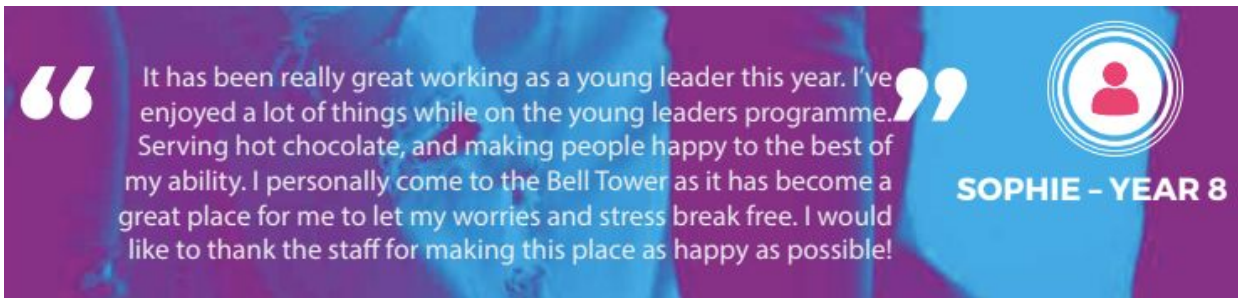
Bell Tower Youth Drop-in Impact in 2018

Young Leaders Programme

In October 2016 we launched a new initiative called the Young Leaders Program, an eight month long accredited course, where young people who regularly attend the Drop-In can apply join the volunteer team for one day each week, taking on a number of day-to-day responsibilities within the Bell Tower.

After a successful two years with fourteen young people completing the programme, we are now well into year three with more young leaders on board. Each day of the week now has different young leaders assigned to help run the session. The young leaders are scored out of 15 for each session, broken down in a number of areas including punctuality, use of clean and positive language and being a positive influence on those around them. They can then earn prizes and awards at the end of each term for a cumulative score of 80% or above. All of our young leaders earned awards upon completion of the first term!

The Young Leaders Program has been designed to develop young people in the areas of self-esteem, reliability, capability and social and leadership skills in order to create lasting change in their lives. We currently have individuals in very different situations on the programme, including a small number not currently attending school, which gives them an outlet to focus themselves on, as well as taking on new responsibilities.



Schools Work

Over the last four years, the Bell Tower has maintained a strong relationship with local schools. In particular The Chichester High School and Bishop Luffa School, where we have continued to run lunchtime activity drop-in sessions along with both group and one to one mentoring schemes.

6. Governance and Staffing Structure

Charity

The CIO, Chichester City Centre Drop-in (Charity no. 1154818) was registered in December 2013 to govern and facilitate the vision for the The Bell Tower Youth Drop-in. It's charitable objectives are:

The relief of those in need by reason of youth in chichester city and surrounding areas in particular but not exclusively by the provision of an after school drop-in facility for young people.

Trustees

The organisation has 5 trustees; Daniel Slatter (Chair), Trevor James (Treasurer), Dave Corcoran, Rebecca Potheary & Rosamund Knott. The trustees set the Charity's policy and strategy. They bring experience in work with young people, community knowledge, and charity and voluntary sector expertise. The trustees present their annual report together with the financial statements at the end of each year, alongside the trustees reviewing its safeguarding and other procedures and processes. The overall responsibility for the Charity rests with the trustees who meet five times during the year. The Charity's day to day activities are in the hands of the project coordinator who consults the chairman and trustees as necessary.

Rosie Knott: *"It has been an absolute privilege to be involved in the work of The Bell Tower as one of their Trustees for the past three years. With a background in youth work and the current Schools & Communications Manager at a local residential activity centre (Christian Youth Enterprises), my role as a trustee has been involvement in ideas for youth engagement and behaviour management as well as sharing of knowledge and resources. The testimonials from young people and volunteers show how valued and valuable this project is to its community. What I love most is that the project doesn't stop at being a drop-in; it constantly seeks new ways to*



support, encourage, inspire and develop young people too - especially the Young Leaders programme. This is a place that champions young people and gives them a fruitful, alternative way to spend their after-school time."

Staff

The coordination of the Bell Tower Drop-In Centre is undertaken by Sam Harding, an employee of Revelation Church, Chichester. The Charity has reimbursed Revelation Church for the direct cost of his services. Sam is paid three days a week to coordinate the Bell Tower Youth Drop-in.



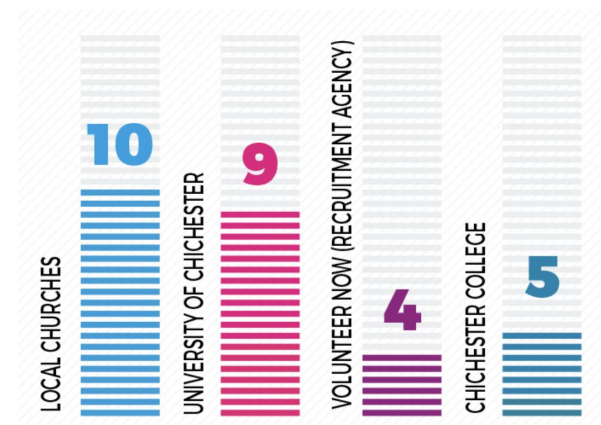
Sam leads the team of 28 different volunteers it takes to open the Bell Tower Drop In throughout the week. He oversees training, supervision, behaviour management and culture setting in addition to specific offshoot projects Eg. Young Leaders Programme & Schools work.

Volunteers

In June 2019, the Bell Tower Youth Drop-in received the 'Queen's Award for Voluntary Service' in recognition of our incredible team of volunteers.

Nick Taunt, the recently retired head of Bishop Luffa School, commented, *"I was happy to nominate this wonderful project for an honour. The Bell Tower's work offers a real benefit to young people in Chichester. In my time as head of Bishop Luffa, I saw a positive impact on the attitudes, behaviour and attendance of those children who frequented sessions. I congratulate Sam and his team for their dedication to this powerful and worthwhile project."*

Each volunteer at the Bell Tower Youth Drop-in receives safeguarding training, a DBS check and regular training evenings with input from experienced professionals working with young people in government and charitable arenas. Our team of dedicated volunteers also come from all over the local community. Below is a breakdown of those involved in 2018:



Local Partnerships

We have developed strong links and partnerships with other key organisations across the City over the last four years. These include the University of Chichester, Chichester Cathedral, local Churches, West Sussex County Council (who use our centre free of charge during the day time for one to one counselling sessions and in the evenings for young carer groups), Social Services and local schools. These partnerships enable the Bell Tower to provide an extra level of support for local young people in a broader way as well as achieving our primary goals through the Drop-in Centre. We also provide use of our space free of charge to local counselling organisations including a Young Carers group and YES counselling run by West Sussex County Council.

7. Evidence of Need

Your Voice, Your Community

In 2013, we undertook an extensive survey in three local secondary schools. The three schools involved, Chichester High School for Boys, Chichester High School for Girls, and Bishop Luffa School (mixed), each agreed to ask pupils to complete the survey. The questionnaire was compiled by the Church of England working party, which was called in view of the local authority cutting its youth service in July 2013, and concern about the risk to pupils spending time in the town centre unsupervised. It was agreed that the survey would target pupils in years 7, 8, 9, and 10; older pupils were not involved. The questionnaire asked pupils to give information about how much time they spent in Chichester town centre, and whether they had a parent or guardian at home at the end of the school day; in particular:

1. The number of days each week they spent time in the town centre, both after school and at weekends
2. The number of hours spent on each occasion

The questionnaire also explained the suggestion of a drop-in centre, and asked what facilities pupils would like.

SUMMARY OF KEY FINDINGS OF THE SURVEY:



Survey response rate:

The target group consisted of approximately 2640 pupils; the survey forms received from nearly 1500 pupils represent an overall response rate of 57%, which is a very satisfactory rate. This suggests a good level of confidence can be put in the reliability of the information produced by the survey.

Time spent in town after school:

On Fridays, the busiest day, over 800 pupils stated they spend time in town after school; over 600 stated they spend two hours or more. In some school groups a very high proportion of pupils (eg 78% of CHSGirls pupils surveyed) spend some time in town after school. On other weekdays the numbers decrease but remain over 300. (The actual numbers of pupils is likely to be higher, taking into account those who did not participate in the survey.)

Pupils without an adult at home after school:

Across all three schools, 360 pupils stated they had no parent at home; this figure rose to over 630 when including those who sometimes did not have a parent at home. (Again the total levels of pupils are likely to be higher.) The overall proportion across all year groups and schools of 24% conceals higher rates from Bishop Luffa School compared to the other two schools. At BLS, pupils in years 9 and 10 without a parent at home some or all of the time formed the majority (eg 63% of year 9 girls).

The survey revealed the following results:

1. 800+ students were spending time in Chichester city centre after school ($\frac{3}{4}$ of this group were spending two or more hours here)
2. 360 students stated there was no parent at home after school
3. The survey also conveyed a lack of options for young people, especially for those who had no parental supervision at home.

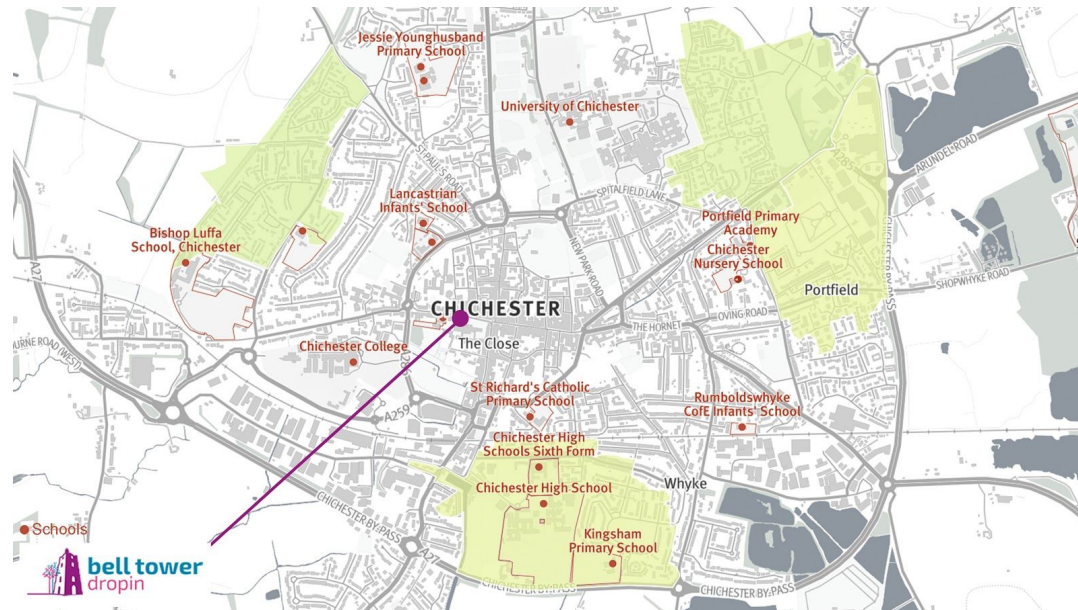
We are planning to undertake a new survey in the first year of this plan



Local Overview

The Bell Tower, West Street, Chichester, PO19 1RP.

We are located next to the Cathedral in a central area, west of the Chichester Cross. This location is a central access point and a hive of activity for hundreds of local young people congregating in town after school every day and in the evenings.



Map: Purple marker is the hub location. The light green areas are where the greater level of deprivation is located.

Although Chichester is mostly an affluent area there are pockets of need around the City. It can be hard to believe that poverty exists in West Sussex. Research shows that there are many pockets of high need communities experiencing poverty, often adjacent to areas of high prosperity. In five local Chichester neighbourhoods (LSOA: 008A, 008E, 010A, 012B, 012F), income deprivation affecting children is within the highest 40% in England, with one area (008A) in the highest 10%.



Local Statistics and facts that affect children and young people.

The table below shows the domains of the IMD that most affect the lives of children and young people in the 5 most deprived LSOA's most local to the Bell Tower Youth Drop-in.

Local Wards	Overall (32,844)	Decile	Income Affecting Children	Decile	Employment	Decile	Education, Skills & Training	Decile	Health & Disability	Decile	Crime	Decile
008A	8,935	3	2,709	1	9,878	4	4,542	2	8,675	3	15,665	5
008B	9,783	3	11,850	3	8,578	3	6,268	2	7,459	3	17,050	6
012B	8,914	3	7,569	3	7,451	3	4,791	2	9,044	3	16,804	6
008E	9,917	4	7,157	3	7,254	3	5,526	2	7,155	3	30,382	10
014A	11,029	4	8,805	3	10,710	4	6,560	2	10,475	4	19,750	7

Many local young people will be negatively affected by growing up in areas where the domains such as income affecting children, education, employment and health fall within the bottom 30% nationally.

What are the needs of young people?

Poverty and lack of positive opportunities, as well as social and emotional issues are preventing local young people from thriving, and some of our most vulnerable are disengaging with their education, becoming NEET, or involved with child sexual exploitation. Youth workers in Chichester and all over the UK are dealing with huge changes in youth culture and in the needs of young people.



Traditional youth groups in churches are disappearing and the government has cut funding for secular organisations. In this context, vulnerable young people are being left without effective support or positive community, and with less chance of developing vital skills or hearing the Gospel in a relevant way.

‘We need to focus on “prioritising places and spaces where people can come together in communities.”’ London Mayor, Sadiq Khan, The Guardian, Mar 2017

Area of Need	Regional Statistics	National Landscape
Mental Health	Mental ill health is increasing across all age groups and particularly amongst the young. Research shows that 50% of those suffering mental ill health in adulthood had experienced issues by the age of 14 and that intervention at this early stage is critical to recovery.	<ul style="list-style-type: none"> • The number of referrals by schools in England seeking mental health treatment for pupils has risen by more than a third in the last three years, yet in almost 1/3 of referrals, young people were denied specialist CAMHS treatment due to pressure on the service. • <i>Public Health England</i> say that 1/4 of those that need help never receive it. • Anxiety is the single most common reason for young people being referred to CAMHS. • Almost a half of all young people experience anxiety over their body image and over a third worry about coping with work at school or college. • Almost 300,000 British young people currently suffer from an anxiety disorder. • British teens have the second lowest mental well-being out of 20 major countries. • The <i>Youth Index Report 2015</i> explains that where issues like anxiety are not dealt with, we see young people being unable to form positive relationships (39%), not eating properly (38%), and not learning new skills (33%).
Loneliness and Social	Loneliness is increasing across all age ranges and this contributes to mental health issues; two thirds of people experiencing mental health problems live alone, four	<ul style="list-style-type: none"> • Loneliness amongst young people has been shown to increase the likelihood of poor physical and mental health, to increase the risk of becoming involved in criminal activity, and to reduce future employment opportunities.



Isolation	times more than the general population. <i>Community Foundation for Surrey - Surrey Uncovered 2017</i>	<ul style="list-style-type: none"> The impact of loneliness on health is thought to be the equivalent of smoking 20 cigarettes a day, and youth loneliness is rising. <i>Co-Op Foundation, 2017.</i> '72% of young people reporting that they had recently felt lonely or isolated'. <i>Dame Kelly Holmes Trust, 2016.</i>
Poverty and Income Deprivation	<ul style="list-style-type: none"> Child poverty in one of Chichester's LSOA's is over 40% within the top 25% highest in England Children who live in low income households in affluent areas achieve worse outcomes than their peers living in less affluent areas. <i>Surrey Early Help Needs Assessment 2017</i> Children in poorer families are more likely to suffer from chronic illness. Independent research demonstrates that three year olds living in households with an annual income below £10,000 are two and a half times more likely to suffer from chronic illness than children in households with an income over £52,000. <i>Community Foundation for Surrey - Surrey Uncovered 2017</i> More than anywhere else in the world, in the UK, the poorer your parents are, the more likely the children are to experience poor outcomes (health, education, achievement, prosperity). <i>Surrey Early Help Needs Assessment 2017</i> 	<ul style="list-style-type: none"> Growing up in poverty can have a significant detrimental impact on children's quality of life and well-being and has limiting effects on a child's opportunities and future life chances. Children living in low-income households are nearly three times as likely to suffer mental health problems as their more affluent peers. Poverty has longer term effects as children in the poorest households are more likely to suffer poor physical and mental health at age 33 and are at increased risk of severe, long- term and life-limiting illness. <i>Children's Society</i> Studies have also found that children growing up in poverty are more likely to suffer from low self-esteem and to be socially isolated. <i>Children's Society</i> Children living in poverty are more likely to be absent from school due to illness, to be hospitalised, to report a long-standing illness. <i>Children's Society</i> The highest early achievers from deprived backgrounds are overtaken by lower achieving children from advantaged backgrounds by age five. <i>Children's Society</i>
Domestic Abuse	<ul style="list-style-type: none"> On average, 65% of high and medium risk victims of domestic abuse have children, with most having at least two children. Approximately 4,600 children in West Sussex live in households that experience domestic abuse. <i>NSPCC</i> 	<ul style="list-style-type: none"> At the time they start school (4 years old), at least one child in every class will have been living with domestic abuse since they were born. <i>SafeLives Insights dataset</i> Two in five children living with abuse had not been referred to children's services before the family entered domestic abuse support. Many more who had been referred did not receive substantial help. <i>SafeLives Insights dataset</i> Twelve per cent of under 11s have been exposed to domestic violence between adults in their homes during childhood <i>NSPCC</i>

Unhealthy Lifestyle		<ul style="list-style-type: none"> • Around a third of children aged 2 to 15 in the UK are overweight or obese. Children are becoming obese at an earlier age, staying obese for longer and children from lower income household are more than twice as likely to be obese than those in high income households. <i>Nuffield Trust</i> • Obese children are more likely to become overweight adults and to suffer premature ill health and mortality, and by 2034, 70 per cent of adults are expected to be overweight or obese. This challenge will not go away. <i>The King's Fund</i>
Alcohol Misuse		<ul style="list-style-type: none"> • There is clear evidence that children who start drinking at an early age are more likely to develop alcohol problems in adolescence and adulthood, and that those who begin drinking before age 13 are at the greatest risk of alcohol misuse later in life. In addition, evidence shows that drinking before the age of 14 is associated with increased health risks, engagement in risk taking behaviours such as underage sex, having more sexual partners, use of drugs/substances, and involvement in violence and risky driving behaviours. • Consequently, alcohol use at this age can result in teenage pregnancy, crime and disorder, and employment problems. Heavy drinking during adolescence may also affect normal brain functioning during adulthood. • Parents and carers need to be aware of the relationship between their own drinking behaviour and alcohol use in their children. <i>National Institute for Health and Care Excellence (2007) School-based Interventions on alcohol. NICE public health guidance.</i>
Education	<ul style="list-style-type: none"> • Deprivation often leads to a poverty of aspiration and opportunity resulting in a continuing cycle of overall poverty. For those children receiving free school meals, achievement of 5+ A-C GCSE grades halves compared to all state funded pupils. • In 2014, only 13% of looked after children obtained 5+ GCSE A-C grades compared to 53% for all young people in Surrey. Looked after children have significantly more educational and mental health problems and poorer social and work 	<ul style="list-style-type: none"> • While 73% of those working think they are capable of getting a better job, 59% feel they need opportunities to develop their skills before they can think about career options and 54% believe a lack of self-confidence holds them back. Almost a third (29%) of all young people think getting relevant work experience is one of the biggest challenges in pursuing a career. <i>Princes Trust, 2018 annual report</i> • The highest early achievers from deprived backgrounds are overtaken by lower achieving children from advantaged backgrounds by age five. <i>Childrens Society</i>



	<p>outcomes. <i>Community Foundation for Surrey, Surrey Uncovered 2017</i></p> <ul style="list-style-type: none"> • By the age of 5, disadvantaged children have a vocabulary one year behind children from middle income families • Less than half of pupils entitled to free school meals achieve 5 GCSEs at C or above compared to 61% who are not eligible <i>Community Foundation for Surrey, Surrey Uncovered 2017</i> 	
Struggling Families	<ul style="list-style-type: none"> • These families include parents undergoing a separation. Families that have experienced incidents of domestic abuse, bereavement, parental substance misuse or parental mental health. Families with children and young people who present behaviour that challenges boundaries. Families with children with a diagnosed disability such as ADHD or ASD. Families who require additional support in order to access the same community resources and activities as others e.g. due to language barriers, mental health issues. • The majority of these children and families are on the very edges of the statutory services and need support before their needs escalate ... [we need to support] families to grow more resilient and self-sufficient so they don't slip into requiring statutory services; and enable statutory agencies to have confidence and options to move families out of more formal support" <i>Surrey Early Help Needs Assessment 2017</i> 	<ul style="list-style-type: none"> • Figures show that, in the last decade, more than 2.5 million children in England - including over 580,000 children known to be eligible for free school meals, had not reached the government's definition of a good level of development at the age of 5. <i>Helping Parents to Parent Report</i> • There are around two million single parents - they make up nearly a quarter of families with dependent children. <i>Gingerbread Charity</i> • There is a need for more family centres or single-access platforms that provide an umbrella of universal parenting support and services and are easily accessible for all families. <i>Helping Parents to Parent Report</i>

Chichester has a unique opportunity to combat some of the needs above and help young people to move forward. It is a thriving city, especially in the areas of retail, further education, sports, the arts and its Christian community. Bell Tower Drop-in already has



excellent relationships in these areas, and there are unique opportunities to bring together the needs, skills and passions of local adults, with the needs, skills and passions of local young people. This creates a melting pot that helps to raise aspirations by implementing ideas (co-produced projects) and finding solutions to the overall needs of the community.

8. Impact and Outcomes

Over the past decade we have seen the lives of many young people positively transformed through the support of relational hubs. We know that everyday youth work with radical hospitality helps to tackle key areas of need in order for young people to thrive in later life, particularly for those from deprived backgrounds who are considered disadvantaged. We have therefore developed a theory of change to chart the journey a young person might go on in the Bell Tower Youth Drop-in, and the outcomes we expect to see occurring. We break this continuum journey down into four main headings and use it to help track and evaluate development:

1. **Welcomes** everyone and builds positive relationships
2. **Engages** and supports specific needs via offshoot projects (faith development, sports & arts activities, 1:1s etc)
3. **Supports** by developing personal / professional skills and experience
4. **Empowers** young people to thrive in all areas

Bell Tower Youth Drop-in helps young people facing multiple disadvantage (poverty, anti-social behaviour, mental health etc) to move forward and thrive in all areas of their lives, by providing the following benefits:

- Relational youth work
- Safe and positive community with clear boundaries
- Targeted support and signposting so that young people don't fall between the gaps
- Fun activities and opportunities
- Leadership training, work and volunteering experience, particularly for those who are at risk of becoming NEET/NEET
- Skills and interests development through 'offshoot' projects
- Social and emotional group work to combat social and emotional needs



Bell Tower Youth Drop-in Outcomes

A. Tackles poverty and lack of opportunity

- Provides young people with a home-from-home and consistently safe space
- Helps to protect vulnerable young people via excellent safeguarding and monitoring, as well as joined up working with community partners.
- Provides disadvantaged young people with access to fun and positive activities. E.g daily events like cooking or creative arts and specific intervention offshoot projects are either free or subsidised.

B. Develops social and emotional capabilities

- Provides young people with positive role models on a daily basis to help build trusted, long-term relationships.
- Enables young people to receive support to address issues at the earliest possible stage e.g. youth workers can spot trends in behaviour and respond to needs directly, referring to outside support where appropriate.
- Supports young people at a time of crisis, critical moment, trauma or abuse, and helps them to move on positively with their lives.
- Provides relational youth work, fun activities, projects and workshops to help young people learn vital skills in communication, managing feelings, problem solving, resilience, creativity and confidence.

C. Supports young people into education, employment and training

- Provides support to tackle some of the risk factors involved in young people being at risk of NEET intervention.
- Supports young people to gain the professional skills and experience needed to enhance their prospects for the future. E.g. qualifications, skills or specific experience gained through the Young Leaders programme and via offshoot projects.
- Signposts vulnerable young people where needed (e.g. for drugs or alcohol support).
- Engages those that aren't receiving support elsewhere, thereby providing a neutral platform for other professionals to reach and work with young people. E.g. the Youth Offending Team or Social Services.

D. Reduces loneliness and social isolation

- Encourages young people to engage positively with others from different faiths, localities and cultures, thereby building good community relationships and reducing loneliness.



- Provides activities such as weekly community dinner to help reduce loneliness and increase happiness levels.

E. Helps to prevent CSE, gangs, crime and anti-social behaviour

- Opens consistently and builds long-term, trusted relationships to help to protect young people.
- Encourages young people to engage positively with others from different faiths, localities and cultures, thereby reducing anti-social behaviour.

Bell Tower Youth Drop-in Outcomes Measurement

Below is a breakdown of the way we measure outcomes at Bell Tower Youth Drop-in, including how we gather research and how we collate different types of data:

‘Your Community, Your Voice’ questionnaire

This audit asks young people to tell us about their needs and how local youth work can best support them. This tool will be used on an annual basis to continue to make sure that young people’s needs are being met and also to track progress and share positive stories.

Attendance and Engagement

Registers to track the young people who attend Bell Tower Youth Drop-in and engagement with 'offshoot' projects, as well as recording accreditations and experience gained. This gives the total number of those engaging with the project and how frequently they attend across the year, as well as the specific skills they are learning.

Levels of Need

To determine the type of support required. A 1-5 scale with 1 being ‘stuck and at risk’ and 5 being ‘resilient, things are ok’ that we can use periodically to evaluate the well-being of individual young people, and respond by offering different levels of support and opportunities. E.g. if we identify that a young person is at level 1 ‘stuck and at risk’, that young person can be offered 1:1 mentoring support.



Youth Work Continuum

We use a scale based on our continuum at the end of each school term, to help young people to move forward (the scale observes engagement with positive activities up to young people taking on responsibility / leading).

'This is Me'

Before and after project self-evaluations, based on the Framework of Outcomes for Young People 2012, whenever a young person requires either 1:1 mentoring support or is introduced to an offshoot project.

Six Monthly Review Questionnaires

Feedback from young people who regularly attend to measure how safe young people feel and whether they feel supported etc.

Youth Forum

Feedback from Young Leaders on our youth forum.

Annual Reviews

Collating our monitoring and feedback (young people, professionals, parents, and carers) .

Stories from young people and partners

We will periodically capture the stories of young people, our partners and the wider community to provide qualitative data on our impact.

Wider local statistics

We will survey youth statistics and data over a five year period, for the local area, in order to see whether any significant positive changes have occurred.

9. Strategic Aims and Objectives

To enable these strategic aims objectives to be outworked, this overall Strategic Plan and Fundraising Plan will need to be agreed by the Chichester City Drop-in Centre Board.



Year One (January - December)

- **Formalise partnership with Relational Hub and starting contributing with partnership fee. See [Partnership Agreement Document](#).**
- **Increase Project Coordinators hours (first quarter 2020)**
Increase Sam Harding's hours from 21 hours a week to 28 hours a week.
- **Appoint a Lead Youth and Schools Worker (21 hours a week). (first/second quarter 2020) [See Job Description Document](#)**
- **Outcomes and monitoring (first quarter 2020)**
Undertaking a new survey in local schools, to evidence the need and interests of local young people. Implement Relational Hub Toolkit to better monitor and evaluate our work with young people.
- **Starting & Developing Off-shoot Projects (third/fourth quarter of 2020)**
Monthly after session boys & girls groups.
Monthly after session youth forum group.
One to one mentoring provision package for schools.
Connection to YES Services? For out of school one to one mentoring/ counselling.
Young Leaders Programme restructure and implementation.
Weekly activity sessions during the drop-in environment. - Radical Hospitality.

Year Two (January - December)

- **School holidays opportunities. Lunch Clubs, liaise with Foodbank partnership with free school meals unavailable.**
Running activities in the summer months to engage those on the fringe.
- **Annual activity weekend away.**
Weekend away, confidence/ team building challenge.
- **Review increasing Project Coordinator's hours to five days a week.**



Year Three (January - December)

- **Review undertaking alternative education provision.**

To run during morning periods at the Drop-In Centre. Establishing a separate charity to run in tandem with the Bell Tower.

- **Review employing part time administrator/ fundraiser.**

In view of current capacity and future space usage and location.

Year 4 & Onwards

- **New building/ opening a twin centre.**

- **International Trips.**

Giving underprivileged young people an opportunity to experience what life is like in a 3rd world environment, with the purpose of deepening relationships with the young people, creating opportunities to change their perspectives on life and experience a life changing trip abroad. This is not a holiday, but developmental opportunity.

10. Finance and Sustainability

For the Bell Tower to expand its impact it needs to increase its expenditure to resource extra, equipment, project costs and staff. We have three sources that we will use to find and sustain its work.

In-Kind Contributions - Ongoing from Chichester Cathedral, volunteers and Revelational Family Church.

Grant & Trust Funding - We will then look to partner with trust funders to contribute towards our project costs, new equipment and additional staff. We will reach out to local funding organisations and trusts to help us make a difference in our local community.

Community Fundraising - We will also look to grow our local profile by forming a team of volunteers who we seek to raise funds locally.



Budgets

Year 1

August 2020 - July 2021

Venue Hire (in-kind)	Hire of space within the basement of Bell Tower with toilets and kitchen. (£50 per hour, 3hours, 5 days a week, 38 weeks a year)	£28,500
Venue Costs	Electric, internet, insurances, business rates and water costs.	£2,117.04
Equipment	Tv, games consoles, kitchen equipment, off-shoot projects equipment	£5,870.00
Project Manager Salary	4 days a week	£20,800.00
Part time youth worker Salary	21 hours a week	£12,825.00
Volunteer time (in-kind)	A team of 20 volunteers (15 volunteers per week for 3 hours per day & 5 trustees meeting 5 times a year for 3 hours per day)	£12,316.50
Marketing Budget	Flyers, posters and social media advertising to promote the youth hub	£1,200.00
Relational Hub Partnership Fee	Secures the services of the Relational Hub team supporting the Bell Tower Youth Drop-in	£1,000
Administrative Costs	Stationary, Software, DBS Checks, Bank Charges etc.	£4,884.52
Project Costs	Activity costs for daily drop-in, young leaders, schools work & off-shoot projects	£11,260.00
	Total Project Costs	£99,773.06
	In-Kind Contributions	£40,816.50
	Confirmed Funding	£30,625.31
	Outstanding Funding Bids	0
	Amount still to be raised	£28,331.25



Year 2

August 2021 - July 2022

Venue Hire (in-kind)	Hire of space within the basement of Bell Tower with toilets and kitchen. (£50 per hour, 3hours, 5 days a week, 38 weeks a year)	£28,500
Venue Costs	Electric, internet, insurances, business rates and water costs.	£2,617.04
Equipment	Tv, games consoles, kitchen equipment, off-shoot projects equipment	£5,870.00
Project Manager Salary	5 days a week	£26,000.00
Part time youth worker Salary	21 hours a week	£12,825.00
Volunteer time (in-kind)	A team of 20 volunteers (15 volunteers per week for 3 hours per day & 5 trustees meeting 5 times a year for 3 hours per day)	£12,316.50
Marketing Budget	Flyers, posters and social media advertising to promote the youth hub	£1,200.00
Relational Hub Partnership Fee	Secures the services of the Relational Hub team supporting the Bell Tower Youth Drop-in	£1,500
Administrative Costs	Stationary, Software, DBS Checks, Bank Charges etc.	£7,884.52
Project Costs	Activity costs for daily drop-in, young leaders, schools work & off-shoot projects	£14,060.00
	Total Project Costs	£111,273.06
	In-Kind Contributions	£40,816.50
	Confirmed Funding	£10,000
	Outstanding Funding Bids	0
	Amount still to be raised	£60,456.56



Year 3

August 2022 - July 2023

Venue Hire (in-kind)	Hire of space within the basement of Bell Tower with toilets and kitchen. (£50 per hour, 3hours, 5 days a week, 38 weeks a year)	£28,500
Venue Costs	Electric, internet, insurances, business rates and water costs.	£3,367.04
Equipment	Tv, games consoles, kitchen equipment, off-shoot projects equipment	£5,870.00
Project Manager Salary	5 days a week	£26,000.00
Part time youth worker Salary	21 hours a week	£21,375.00
Volunteer time (in-kind)	A team of 20 volunteers (15 volunteers per week for 3 hours per day & 5 trustees meeting 5 times a year for 3 hours per day)	£12,316.50
Marketing Budget	Flyers, posters and social media advertising to promote the youth hub	£1,200.00
Relational Hub Partnership Fee	Secures the services of the Relational Hub team supporting the Bell Tower Youth Drop-in	£2,000
Administrative Costs	Stationary, Software, DBS Checks, Bank Charges etc.	£8,384.52
Project Costs	Activity costs for daily drop-in, young leaders, schools work & off-shoot projects	£17,560.00
	Total Project Costs	£124,573.06
	In-Kind Contributions	£40,816.50
	Confirmed Funding	£10,000
	Outstanding Funding Bids	0
	Amount still to be raised	£73,756.56



11. Fundraising Plan

We are focussed on delivering long term positive outcomes for local young people, which will mean that we will need to make sure that we become financially sustainable as we look to grow our work. To facilitate our fundraising needs we will look into acquiring the services of LEAP Fundraising, a local consultancy (who have a partnership with Relational Hub) and will develop a comprehensive fundraising plan for the Bell Tower Youth Drop-in for the next 3 years.

Proposal from LEAP Fundraising

TBC

